

| Obj. No. | Measurable Objective | Indicator | Baseline | Target |
|-----------------|---|---|---|---------------|
| 1.1 | By 2015, increase the percentage of Alaska school districts with written policies requiring physical education. | Percentage of surveyed AK school districts that have a written policy requiring physical education. | 92.6% (2004) Data source: Physical Activity Inventory | 100% |
| 1.2 | By 2015, increase the percentage of Alaska school districts with time requirements for physical education. | Percentage of surveyed AK school districts that require PE classes to last over 45 minutes. | 0% (2004) Data source: Physical Activity Inventory | 10% |
| 1.3 | By 2015, increase the number of UAA students who complete physical education degree programs. | Number of UAA students completing physical education degree programs. | 1 Data source: UAA Enrollment (Sandra Carroll-Cobb) | 10 |
| 1.4 | By 2015, hire a statewide physical education coordinator. | Statewide physical education coordinator hired. | 0 (2009) Data source: EED personnel records | 1 |
| 1.5 | Advocate for changes to state policy that allow teaching endorsements in physical education to be obtained through UAA training programs. | Certification guidelines for P.E. endorsements allow for UAA training programs. | 0 Data Source: Alaska Administrative Code | 1 |
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| 2.1 | By 2015, increase the percentage of Alaskan communities that have facilities and programs available for physical activity. | Percentage of surveyed AK communities that have facilities and programs available for physical activity. | 64% (2004) Data source: Physical Activity Inventory | 75% |
| 2.2 | By 2015, increase the number of schools participating in Walk to School Day events. | Number of AK schools registered with National Walk to School Day. | 10 (2006) Data source: www.walktoschool.org | 20 |
| 2.3 | By 2015, increase the amount of local funds spent on physical activity related environmental supports. | Total dollars spent annually on municipal environmental supports for physical activity-, such as facilities, parks, sidewalks, bike paths, etc. | Unknown (as of 2/19/2009) Data source: Developmental, possibly PAI | 10% above baseline |
| 2.4 | By 2010 establish how many Alaskan employers have implemented policies that promote physical activity. | Number of AK employers' with policies targeting physical activity promotion. | 37% Data source: Physical Activity Inventory | 50% |
| 2.5 | By 2010, establish how many Alaskan employers have environmental supports for physical activity in their worksites. | Number of Alaskan employers with worksites that have onsite exercise facilities or signs promoting the use of stairs. | TBA Data Source: Physical Activity Inventory | 50% |

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| 3.1 | By 2015, increase the percentage of Alaska employers that provide healthy foods for employees. | Percentage of surveyed AK employers (250+ employees) that provide 4 of the following 7 items for their employees: fresh fruit, cooked vegetables, salads, fat free/low fat salad dressing, fat free/low fat yogurt, 100% juice, 1% or skim milk. | 66% (2004) Data source: Physical Activity Inventory, Worksite Self-Assessment | 80% |
| 3.2 | By 2015, increase the percentage of Alaskan employers that have implemented nutrition policies at their worksites. | Presence of policies requiring healthy options available where food is available at work. | N/A Future PAI or Employer self-assessment | 50% |
| 3.2 | By 2015, increase the percentage of Alaskan schools that have a policy that guides the nutritional value of foods offered in school cafeterias and vending machines. | Percentage of surveyed AK schools (with cafeterias) that have a policy that guides the nutritional value of foods offered at school cafeterias and vending machines (or do not have vending machines). | 51% (2004) Data source: Physical Activity Inventory | 100% |
| 3.3 | By 2015, increase the percentage of Alaskan schools that have a policy that guides the nutritional value of foods offered at school stores and parties. | Percentage of surveyed AK schools that have a policy that guides the nutritional value of foods offered at school stores and school parties. | 10% Data source: Physical Activity Inventory | 20% |

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| 3.4 | By 2015, increase the percentage of Alaskan schools with cafeterias that allow at least 30 minutes for lunch, provide enough seating, and limit wait times to 10 minutes. | Percentage of surveyed AK schools with cafeterias that allow at least 30 minutes for lunch, provide enough seating, and limit wait times to 10 minutes. | 78% Data source: Physical Activity Inventory | 90% |
| 3.5 | By 2015, increase the percentage of schools with cafeterias that provide fruits and vegetables for sale daily, prohibit soda during lunch, and provide milk, 100% juice and water for sale daily. | Percentage of surveyed AK schools (with cafeterias) that provide healthy cafeteria food, defined as providing fruits and vegetables for sale daily, prohibiting soda during lunch, and providing milk 100% juice, and water for sale daily. | 21% Data source: Physical Activity Inventory | 50% |
| 3.6 | By 2015, require Alaska statewide school nutrition coordinator to be a registered dietitian. | Statewide school nutrition coordinator job description and minimum qualifications indicates need for RD certification. | 0 (2009) Data source: EED personnel records | 1 |
| 3.7 | By 2015, increase the percentage of Alaskan schools that have a written nutrition curriculum. | Percentage of surveyed AK schools that have a written nutrition education curriculum. | 69% Data source: Physical Activity Inventory | 100% |
| 3.8 | By 2015, increase the percentage of Alaskan municipal facilities that provide healthy food and beverage options. | Percentage of surveyed AK communities whose city-owned buildings provide 4 of the following 7 items to the public: fresh fruit, cooked vegetables, salads, fat free/low fat salad dressing, fat free/low fat yogurt, 100% juice, 1% or skim milk. | Unknown (as of 2/19/2009) Data sources: Future PAI | 10% above baseline |

